Managing conflict

To recognize conflict situations and deal with them before they get very bad is one of the responsibilities of anybody who is in a management position. A good number of personal qualities are necessary in order to handle conflict successfully.

First of all, you have to be sympathetic towards the two sides involved, and show that you really want to understand their problem.

It is often a good idea to try and solve the emotional side of the conflict first, because it is difficult for people to think or even express themselves clearly as long as they are full of feelings such as anger, fear or hatred. Of course, you yourself cannot become angry or upset, because if you run out of patience, you will only make things worse. As some people say, you should try and remain cool and calm at all times.

Secondly, a certain amount of creativity will also help you, as very often you cannot apply old solutions to new problems.

Another key quality is consistency. Indeed, if you change your behaviour or attitude depending on who you talk to, you will probably make enemies and may soon lose your credibility.



Ex. 1 Match the words in the list with their English equivalents from the text:

| 1. rozpoznać | amount |
|---------------------|----------------------------------|
| 2. odpowiedzialność | • anger |
| 3. posada | apply |
| 4. radzić sobie | attitude |
| 5. złość | consistency |
| 6. cierpliwość | • credibility |
| 7. ilość | handle |
| 8. stosować | • patience |
| 9. rozwiązanie | • position |
| 10. konsekwencja | • recognize |
| 11. postawa | responsibility |
| 12. wiarygodność | • solution |

Ex. 2 What collocations can you make with the words in these two boxes?

| conflict / emotional / key / management / personal | | | | | | |
|--|--|--|--|--|--|--|
| | | | | | | |
| position / quality / side / situation | | | | | | |
| | | | | | | |
| 1. | | | | | | |
| 2. | | | | | | |
| | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |

Ex. 3 Translate these sentences using words from the exercises above:

- 1. Praca na stanowisku menedżerskim wiąże się z (involve) dużą odpowiedzialnością.
- 2. Cierpliwość to ważna cecha osobista.
- 3. Złość nie pomaga w radzeniu sobie z sytuacjami konfliktowymi.

I know English idioms:

In this lesson we are talking about conflict at the workplace. English has a few nice idioms related to this topic:

- to fight like cat and dog droczyć się jak kot z psem
- to bury the hatchet zakopać topór wojenny
- to make a mountain out of a molehill robić z igły widły

Phrasals, phrasals...

Our reading text contains this time a very popular and useful phrasal verb: to run out of sth (If you run out of patience...) which can be translated as "kończyć się" (Jeśli kończy ci sie cierpliwość...)

But it is not only used in the context of emotions and emotional states! We can as well say:

- We are running out of time. Kończy nam się czas.
- I'm running out of petrol. Kończy mi się benzyna.
- She's running out of excuses. Kończą jej się wymówki.

Grammar corner...

This lesson's reading text contains such as sentence:

It is often a good idea to try and solve the emotional side of the conflict first...

The beginning of which can be translated as: Często dobrze jest... - so in a very impersonal way. To express the idea of impersonality (bezosobowość) we need to remember to use in English the introductory "It". Let's study other examples:

- It's dangerous to walk in the road. (Niebezpiecznie jest...)
- It's a pity that John couldn't come. (Szkoda, że...)
- It's not worth waiting any longer. (Nie warto...)

How would you say these sentences in English?

- 1. Łatwo jest narzekać (complain).
- 2. To daleko stad.
- 3. Zimno dziś.
- 4. Ciężko pracować na własny rachunek (to be self-employed).

| GLOSSARY | | | | |
|---------------------|-----------------------------|--|--|--|
| to recognize | rozpoznać | | | |
| to deal with | zajmować się, radzić sobie | | | |
| responsibility | obowiązek | | | |
| management position | kierownicze stanowisko | | | |
| personal quality | cecha osobista | | | |
| necessary | Konieczny | | | |
| in order to | w celu | | | |
| handle | zajmować się, radzić sobie | | | |
| successfully | z powodzeniem | | | |
| sympathetic | pełen współczucia, życzliwy | | | |
| side | strona | | | |
| involved | zaangażowany | | | |
| to solve | rozwiązać | | | |
| to express yourself | wyrażać się | | | |
| anger | złość | | | |
| fear | strach | | | |
| hatred | nienawiść | | | |
| upset | zmartwiony, w złym humorze | | | |
| to run out of | kończyć się (o czymś) | | | |
| patience | cierpliwość | | | |
| to remain | pozostać | | | |
| cool / calm | spokojny, opanowany | | | |
| certain | pewien | | | |
| amount | ilość | | | |
| creativity | inwencja twórcza | | | |
| to apply | (za)stosować | | | |
| solution | rozwiązanie | | | |
| key | kluczowy | | | |
| consistency | konsekwencja | | | |
| indeed | w rzeczy samej | | | |
| behaviour | zachowanie | | | |
| attitude | postawa, podejście | | | |
| depending on | w zależności od | | | |
| enemy | wróg | | | |
| credibility | wiarygodność | | | |

ANSWER KEY:

Ex.1

- 1. recognize
- 2. responsibility
- 3. position
- 4. handle
- 5. anger
- 6. patience
- 7. amount
- 8. apply
- 9. solutions
- 10. consistency
- 11. attitude
- 12. credibility

Ex.2

- 1. conflict situation
- 2. emotional side
- 3. key quality
- 4. management position
- 5. personal quality

Ex.3

- 1. Working on a management position involves a lot of responsibility.
- 2. Patience is a key personal quality.
- 3. Anger doesn't help to handle conflict situations.

Grammar corner

- 1. It's easy to complain.
- 2. It's a long way from here.
- 3. It's cold today.
- 4. It's hard to be self-employed.