

EPISODE 87  
LEVEL A1.2/A2.1

READING COMPREHENSION



SADNESS

Dear Sara,

It has been a week since you left me on that rainy Sunday and I am writing this letter to tell you that I **miss** you very much (= I would like you to be here). I remember when we met in 1998 - we were so happy! Now, without you, I feel so **lonely** (= bad because I'm alone) and **melancholic**.

You have **broken my heart**, darling (= you made me feel bad because you told me you don't love me and left me). I must tell you that I have been **crying my eyes out** as never before (= informal idiom meaning to cry a lot) and **the tears** (= the water drops falling from your eyes when you cry) do not seem to finish. When you were here, I was happy and optimistic, now I'm feeling **blue** (= informal word meaning sad and pessimistic). Are you happy alone or are you feeling **gloomy** (= sad and pessimistic) like me? Will you ever come back to me?



More contexts for the new words:

- When I saw her yesterday, she was **all in tears**. (=she was crying a lot)
- She told me the truth **with tears in her eyes**.



EXERCISE 1

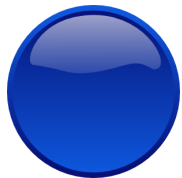
Decide if the statements below are true or false. Correct the false ones.

1. When you have a broken heart, you have to go to hospital.
2. When you cry, tears come from your eyes.
3. When you're sad, you feel black.
4. Many people feel lonely when they are alone.
5. You can cry your eyes out while chopping an onion.
6. If you feel gloomy, it means you have a cold.



## EXERCISE 2

Use the pictures to help you fill in the gaps. Then answer the questions.



1. When did you last feel .....? Why did you feel that way?



2. Do you know anyone whose ..... has been broken? What happened?



3. What advice would you give to your friend who is crying his ..... out?

## ENGLISH IN USE



Let's look at prepositions used with time expressions.

*It has been a week since you left me **on** that rainy Sunday.*

*I remember when we met **in** 1998.*

We use **on** with days of the week and dates:

***on** Monday*

***on** 6th April*

***on** my birthday*

We use **in** with years, months, seasons and times of the day:

***in** 2007*

***in** June*

***in** the summer*

***in** the afternoon*

## IDIOM CLOSE-UP



*A/ Have you found a job yet?*

*B/ No. **SAD TO SAY**, knowing the right people is more important than having the right qualifications.*

'Sad to say' is used when talking about something that makes you unhappy.

## PHRASAL VERBS CLOSE-UP



1. If something makes you very unhappy, it **TEARS** you **APART**.

*It **tears** me **apart** to know that I lost that job because of being late.  
It would **tear** me **apart** if something I said made you upset.*

2. If you are **PUT OUT**, you are annoyed.

*I **was** really **put out** when I didn't get the job.  
He seemed a bit **put out** that we hadn't invited him to the party.*



### EXERCISE 3

Match the sentence halves.

- |                                      |                                 |
|--------------------------------------|---------------------------------|
| 1. Sad to say,                       | a. to see you crying like this. |
| 2. It just tears me apart            | b. the ring was never found.    |
| 3. She was feeling extremely put out | c. by his impolite behaviour.   |

## NEWS



### SAD

Are you feeling melancholy in autumn? Do you have problems waking up early in winter? Would you like to spend all cold and **dreary** days in bed? If so, you're not the only one. You seem to be **suffering from** SAD, which **stands for** the Seasonal **Affective Disorder**. The reason for this medical condition is not clear, but apparently it is connected with **shortage** of daylight. As our body is not exposed to the sun long enough, it cannot produce all the substances that make us feel happy. As a result, we feel depressed and we lack energy.

What's the solution? It's simple. Wait until spring!

### GLOSSARY

- **dreary** – making you feel bored or unhappy
- **suffering from** – having the problem of
- **stands for** – means
- **affective** – emotional

- **disorder** – an illness or medical condition
- **shortage** – too little

<b>KEY TO EXERCISES</b>
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**Ex.1**

1. False – this happens when someone you loved leaves you
2. True
3. False – you feel blue
4. True
5. True
6. False – it means you feel sad

**Ex.2**

1. blue
2. heart
3. eyes

**Ex.3**

1. b
2. a
3. c